



American Muslim
Health Professionals

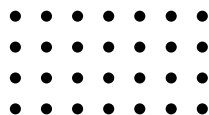
Advocacy | Professional Development | Mental Health



2024

MENTAL HEALTH IMPACT

AMHP.US/MENTALHEALTH



WHO SHOULD GET CERTIFIED IN MHFA?

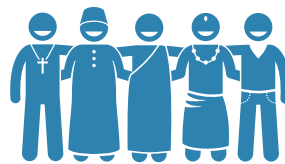
EVERYONE



Individuals
Living with
Mental Illness



Parents or
Family
Members



Religious
Leaders



Law
Enforcement



Medical
Providers



Teachers



Community
Leaders, Students
over 18 years &
Youth Directors

“ This course changed my life, teaching me to recognize mental health crises and take better care of myself and others. ”

Lubaina Raj, MHFA Participant

2024 AT-A-GLANCE

2,226+ TRAINED

60+ ORGANIZATIONS

89+ TRAININGS

31+ STATES

11+ CERTIFIED INSTRUCTORS



WHAT IS MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) is an evidence-based educational program that helps individuals and communities identify, understand and respond to signs of mental illness & substance abuse disorders.

MHFA SAVES LIVES

Studies show that MHFA saves lives, improves the mental health of individuals administering care and the one receiving it, expands knowledge of mental illnesses and their treatments, increases the services provided & reduces overall stigma by improving mental health literacy.

ACKNOWLEDGMENTS

FUNDING SOURCES



The Mohannad & Rana
Malas Family Trust

PARTNERSHIPS

AMHP has delivered Mental Health First Aid Trainings in various settings. In partnership with Muslim education organizations, we have conducted more than 10 sessions, training over 70 educators and students.

As we expand our MHFA training program, we aim to extend this service to a crucial group: university and collegiate students.

