



<b>Position Title</b>	AMHP Health Research Fellow	<b>Timeline</b>	3-Months
<b>Reports to</b>	AMHP Board of Director	<b>Location</b>	Remote

### Overview of Organization

American Muslim Health Professionals (AMHP)'s mission is to strengthen the impact of Muslim health professionals to improve the health and wellness of all Americans. AMHP brings together a community of activists, health advocates, clinicians and other health professionals committed to public health, civic engagement and social justice. AMHP's three core areas of focus are professional development, mental health and advocacy for underserved communities.

### Position Description

AMHP is seeking a dedicated Health Research Fellow to spearhead a rigorous evaluation of the impact and utility of our Mental Health First Aid (MHFA) program. As we continuously strive to optimize our offerings and maximize community benefits, this role presents an exciting opportunity to delve deep into the program's transformative power and propose future avenues of growth. The Fellow will embark on a comprehensive journey, weaving both quantitative and qualitative strands of research, ultimately framing a narrative that underscores our commitment to fortifying mental health foundations in the American Muslim community.

### Core Responsibility (Detailed project deliverables and milestones are listed below)

- Lead the research initiative from conception to completion, ensuring methodological robustness and timely milestone achievements.
- Design research instruments, ensuring their reliability and validity, and outline a precise sampling strategy.
- Undertake a retrospective review of MHFA trainings, evaluating shifts in trainee knowledge, attitudes, and behavior, while pinpointing their satisfaction levels.
- Engage in sustained outcome assessments, capturing the enduring impact of the training over extended durations.
- Supervise and work in synergy with the AMHP Mental Health Program Coordinator in eliciting rich qualitative insights, tapping into both instructor and trainee experiences.
- Seamlessly integrate quantitative and qualitative findings, sculpting them into insightful tables, graphs, and narratives.
- Synthesize comprehensive findings, shaping them into a cogent final report that delineates concrete recommendations for enhancing the efficacy and reach of the MHFA program.

### Ideal Candidate Profile

#### Knowledge, Skills & Abilities:

- Holds a Master's degree in a health-related field coupled with 1-2 years of experience in research; PhD candidates in a health-related field is preferred.
- Demonstrates exceptional technical writing and communication abilities.
- Possesses a sound understanding of outcome measures and evaluation methodologies tailored to assessing program effectiveness.

- Exhibits excellent attention to detail, alongside proficient organizational skills, with an adeptness at prioritizing tasks.
- Possesses strong analytical and problem-solving capabilities.
- Prior knowledge of mental health and, specifically, the Mental Health First Aid (MHFA) certification program will be considered an added advantage.
- Proficiency in relevant statistical software applications is essential.

Other Requirements:

- Passionate about advancing mental health awareness and outcomes within the community.
- Able to work collaboratively within a team setting and efficiently manage project timelines.

**Compensation & Duration**

The Fellow will receive a total payment of \$3,500 upon successful completion of the project over the stipulated timeline of 3 months.

**Application Process**

Interested candidates are invited to submit the application online at [amhp.us/joinourteam](http://amhp.us/joinourteam) along and attach a resume and cover letter detailing their relevant experience and motivation for this role.

## **Mental Health First Aid (MHFA) Research and Impact Study**

**Timeline for Completion:** 3 months

**Objective:** Evaluate the impact and utility of the MHFA program on trainees, with a focus on assessing improvement in mental health-related knowledge, attitudes, behaviors, and satisfaction with the training.

### **Milestone 1: Project Kick-off and Methodology Design**

- Finalize the research methodology.
- Finalize survey instruments and pilot test for reliability and validity.
- Finalize the sampling strategy and participant recruitment process.

### **Milestone 2: Quantitative Impact Assessment (Immediate Outcome)**

- Conduct a review of retrospective MHFA trainings to evaluate trainee knowledge, attitudes, and intended behavior change immediately pre and post-training.
- Assess trainee satisfaction with the training.
- Initial report on immediate outcomes and trainee satisfaction.

### **Milestone 3: Follow-up Quantitative Impact Assessment (Sustained Outcome)**

- Conduct follow-up surveys at 1-month, 3-months and 6-month post-training.
- Evaluate sustained changes in knowledge, attitudes, behavior, and practices.
- Assess the number of times trainees intervened or sought mental health treatment.
- Report on sustained outcomes and changes.

### **Milestone 4: Qualitative Assessment of Program Impact and Utility**

- Oversee AMHP Mental Health Program Coordinator in conducting individual interviews (IDIs) to explore themes from the quantitative assessment.
- Oversee AMHP Mental Health Program Coordinator on conducting Instructor Focus Group to assess experiences implementing the MHFA training.
- Work with AMHP Mental Health Program Coordinator on qualitative assessment findings and synthesize themes on mental health knowledge, behavior changes, and practices.

### **Milestone 5: Comprehensive Analysis and Final Reporting**

- Integrate findings from quantitative and qualitative assessments, including tables, graphs and other visuals.
- Analyze and interpret data to answer research questions on program impact, utility, and implementation barriers/enablers.
- Prepare a comprehensive final report detailing findings, conclusions, and recommendations for improving the MHFA program and its implementation.

*All milestones will conclude with a written report and analysis, which will be shared with the AMHP team for review and discussion.*