

Become a Mental Health First Aid Instructor!

Summary:

American Muslim Health Professionals (AMHP) seeks to sponsor a Chicago-based mental health advocate interested in becoming a certified Mental Health First Aid (MHFA) Instructor! This is a great opportunity for you to decrease stigma and expand mental health education for Muslim communities in the Greater Chicago area.

Mental Health First Aid is administered by the [National Council for Mental Well-Being](#), who also shaped the Adult and Youth MHFA curricula and certifies training participants and instructors. [American Muslim Health Professionals](#) facilitates opportunities for participants around the country to become certified in Youth and Adult MHFA. Learn more about MHFA [here](#), and AMHP's facilitation of the program [here](#).

Certification Requirements – American Muslim Health Professionals (AMHP):

- Be based in the Chicago area. At this time, we are unable to consider applicants outside of the Chicagoland area.
- Have experience and/or passion in the mental health field. Being a certified mental health professional (i.e. therapist, counselor, psychologist, etc.) is a plus.
- Minimum of a Bachelor's degree required.
- Knowledge of the following fields is a major asset: mental health and well-being, cultural competency in mental health; health equity; American Muslim community; mental health as experienced in the American Muslim community, mental health landscape of Chicago, etc.

Certification Requirements – National Council for Mental Well-Being:

- Must be age 18 or older.
- Go through a 3-5 day training session; live or in-person, which includes these components:
 - Self-paced pre-work that must be completed prior to training session
 - A written exam (must receive a passing score in order to be eligible for certification)
 - A presentation that evaluates each candidate's ability to present the Mental Health First Aid course to a variety of audiences.
- Maintain fidelity of MHFA course and maintain certification as required by the National Council for Mental Well-Being

Additional Requirements:

- Personable, empathetic and sensitive to community needs. Can interact with diverse audiences.
- Strong public speaking skills, since instructors will teach virtually and/or in-person to 15-30 adult participants.
- Strong organizational, leadership and time management skills, with exceptional attention to detail.
- Strong technological skills to operate Zoom and PowerPoint, and ability to learn MHFA Connect platform used by Instructors, Coordinators, and training participants.

AMHP will cover all training costs associated with becoming a certified instructor by the National Council for Mental Well-Being. **To indicate your interest in this opportunity, please complete [this form](#).**

Due to the high volume of applications received, only candidates who meet qualifications and selected by the Search Committee will be contacted for an interview.

We would like to thank Zakat Chicago for their support in making this endeavor possible.