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American Muslim
Health Professionals

Dear Prospective Health Study Participant:

The National Centers for Health Statistics, part of the Centers for Disease Control and Prevention (CDC) will be in your County conducting the National Health and Nutrition Examination Survey (NHANES) from January 6, 2023, onwards. We strongly endorse this essential survey of our nation's health and nutrition status.

NHANES has been in existence since 1960 and has provided valuable information for more than 50 years on the prevalence of major diseases, risk factors for diseases, and the relationship between nutrition and overall health of all people living in the United States. It is important that our county is included in this process.

American Muslim Health Professionals (AMHP) strongly supports this study and encourages your participation. The results of this Survey will significantly impact the health of the nation and our community. What we learn from NHANES will:

- Help your medical providers gain a better understanding of how to treat disease more effectively;
- Help your medical providers to better educate patients and families on improving their health; and
- Help local, state, and federal agencies identify needs for funding disease research and health promotion;

By participating, you will play a vital role in helping combat the health problems we all face daily. In addition, participation will also inform you about *your own health*. Please know that all information obtained in the survey is de-identified from you to remain confidential and will be used only for statistical purposes.

I hope that you will be able to participate in this important study. If you have any questions about this study or about your participation in it, please feel free to contact AMHP at contact@amhp.us or call the National Health and Nutrition Examination Survey (NHANES) office at 1-800-452-6115.

Thank you.

Sincerely,

Almaas A. Shaikh MD MPH FACS
Board Member
American Muslim Health Professionals

Ghada Khan, MPH, DrPH
Executive Director
American Muslim Health Professionals



